

LATEST HEADLINES

Delco Hi-Q teams experience intense week of competitions

Delco plans events to celebrate Black History Month



Members of Sun Valley, Marple Newtown and Penn Wood high schools' Hi-Q teams with elected officials state Rep. Carol Kazeem and state Sen. John Kane at host school Sun Valley in Aston last week. (COURTESY OF DELCO HI-Q)



By **PEG DEGRASSA** | pdegrassa@delconewsnetwork.com | The Delaware County Daily Times
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CHADDS FORD — Inclement weather wreaked havoc on the Delco Hi-Q schedule in mid-January, resulting in multiple reschedules. Despite the challenges, last week saw a flurry of activity with five contests taking place throughout Delaware County.

Kicking off the action-packed week on Jan. 29, Chichester High School hosted Radnor and Archbishop Carroll. The first round remained close, only a 4-point separation between the three teams. It was Radnor that took the lead in the second half, cementing the win. Final scores were Radnor, 57; Chichester, 34; and Archbishop Carroll, 28.

On Jan. 30, Bonner & Prendie hosted a heated contest featuring Academy of Notre Dame and Academy Park, marking the commencement of Round 3. State Rep. Heather Boyd joined the audience for this hotly contested event, where final scores were separated by just a few points. Final scores were Bonner & Prendie, 26; Notre Dame, 23; Academy Park, 21.

Jan. 31 witnessed Ridley and Strath Haven high schools engaging in a fierce battle at Upper Darby High School. Upper Darby and Strath Haven locked horns throughout the contest, resulting in a tie at the end. Final scores were Upper Darby, 44; Strath Haven, 44; and Ridley, 33.

The contest on Feb. 1, hosted by the Academy of Notre Dame (NDA), featured Garnet Valley and Upper Darby high schools. With the entire NDA school packing the auditorium, Upper Darby emerged victorious in a head-to-head competition for the top spot. Final scores were Upper Darby, 53; Garnet Valley, 50; and Notre Dame, 21.

In the week's final showdown, Sun Valley hosted Marple Newtown and Penn Wood high schools, marking the conclusion of Round 2 contests. State Rep. Carol Kazeem and state Sen. John Kane were in attendance for this gripping event. Final scores were Marple Newtown, 51; Sun Valley, 42; and Penn Wood, 20.

Round 3 is set to continue for the next two weeks before moving into the Semi-Finals. The team with the highest overall score at the end of the season will secure a direct spot in the championship, while the next six top-scoring teams will vie for a chance to compete in the semifinals.

To see the scoreboard and schedule, and to learn how Hi-Q competitions work, visit <http://www.DelcoHiQ.org>.

Delco Hi-Q is a partnership between Delaware County Intermediate Unit and Franklin Mint Federal Credit Union Foundation.

FMFCU Vice President Rick Durante serves as director and quizmaster, FMFCU CSR and Program Manager Danielle Griffin is Hi-Q assistant director, and DCIU's Dave Bramble is the production engineer.

In addition to support from the 21 participating schools, FMFCU and the Wilbur C. and Betty Lea Henderson Foundation are the primary corporate sponsors. Additional support comes from longtime sponsor Kimberly-Clark Chester Operations and the Delaware County Daily Times.

Delaware County celebrates Black History Month

Delaware County Council will recognize February as Black History Month during the public meeting at 6 p.m. Wednesday, Feb. 7 in the County Council public meeting room on the first floor of the Government Center in Media.

Black History Month, founded by Carter G. Woodson, the son of former slaves, and the "Father of Black History," celebrates the achievements of Black Americans and recognizes the central role they had in shaping U.S. history.

Delaware County is fortunate to have numerous members of the community, schools, organizations, and faith-based groups who work to educate, celebrate, and promote Black History and culture through education and the arts.

This year's theme is "African Americans and the Arts." From visual and performing arts, literature, fashion, folklore, language, music and film, Black artists have used their creative outlets to preserve and share their history and instill empowerment in their communities.

Delaware County will host numerous recognitions and events across the county to celebrate Black History Month with a focus on celebrating the arts.

- The County's Diversity, Equity, and Inclusion Office and county partners will host a celebration to honor the significant contributions of the Black community in Delaware County, 12:30 p.m. to 2:30 p.m. Friday, Feb. 23. The public is invited to join the celebration online at

<http://www.delcopa.gov/publicrelations/releases/2024/dccelebratesbhm.html>.

The event will spotlight the achievements of local Black leaders and Delaware County team members, featuring their contributions to the community. The celebration is set to include an array of artwork and performances, embracing this year's Black History Month theme.

- Adhering to this year's theme, Delaware County students can contribute their artwork, which will be showcased during the celebration and displayed throughout the Government Center.

Art submissions can be mailed or emailed to C/O DEI Community Engagement Coordinator Jennifer Neidl, 201 W. Front St., Media, PA 19063. Digital artwork should be sent via email to NeidlJ@co.delaware.pa.us. Young artists should include their name, age and school. Artwork will not be returned.

- The Delaware County Health Department will partner with Keystone First to recognize Black History Month by hosting free blood pressure screenings to Delaware County residents from 10 a.m. to 2 p.m. on Monday, Feb. 26 at the Yeadon Wellness Center, 125 Chester Ave. No appointments are necessary. Screenings will be conducted on a walk-in, first-come first-serve basis.

The CDC notes that high blood pressure affects nearly 1 in 2 adults in the United States. The condition, also known as the "silent killer," increases the risk of heart disease and stroke. High blood pressure is more common in non-Hispanic Black adults (54%) than in non-Hispanic white adults (46%), non-Hispanic Asian adults (39%), or Hispanic adults (36%).

The Delaware County Health Department encourages residents to take advantage of this opportunity to learn more about heart health and attend this blood pressure health check.

- The health department will celebrate the careers and accomplishments of Black public health pioneers from Delaware County and showcase how their work has benefited community health for the residents of Delaware County. The Black Public Health Pioneers will be featured on the health department's website and social media pages. The department can be followed on Facebook, Twitter and Instagram and by visiting its website.

- Delaware County Council has partnered with Delaware County Libraries to share some of their favorite books featuring historical figures and events in Black history.

Throughout February, Delaware County Libraries will be featuring book recommendations from Delaware County Council members

at <http://www.delcolibraries.org/Black-History-Month>.

- Delaware County invites families and children from across the county to celebrate Black History Month in Rose Tree Park. The Department of Parks and Recreation and Delaware County Libraries are featuring a book celebrating Black history as part of its StoryWalk experience.

The year's exhibit features "Martin's Big Word: The life of Dr. Martin Luther King Jr." by Doreen Rappaport. Located in the upper field behind the amphitheater stage at Rose Tree Park, StoryWalk is a children's book exhibit that is spread out page by page across 18 reading stations along an approximately quarter-mile trail in Rose Tree Park, 1671 N. Providence Road, in Upper Providence Township. The exhibits are free and open during park hours.

- The Chester Senior Center at 721 Hayes St. in Chester, a Delaware County Offices of Services for the Aging's-sponsored Senior Center, along with the Darlington Arts Center, is hosting a writing workshop and performance.

Residents are invited to share their personal journeys in writing workshops and then in a dramatic storytelling performance. Residents are also invited to enjoy the performances and hear captivating stories of the lives of local community members.

The workshops are slated for 1 p.m. on Tuesdays, Feb.13 and/or Feb. 20;
Performance date is 1 p.m. on Tuesday, Feb. 27.

Registration is required by calling 610-497-3550 before Thursday, Feb. 8.

American Legion holds pancake breakfast on Sunday

American Legion Post 926, 3220 Concord Road, Aston, will host a pancake breakfast on Sunday Feb. 11 from 9:30 to 11:30 a.m. The menu will include scrambled eggs, sausage, home fries, drink and all-you-can-eat pancakes.

Tickets are \$10 in advance and \$15 at the door. For more information, call 610-494-9711.

Delco Institute of Science offers free lecture on ranked choice voting

The Delaware County Institute of Science, 11 Veterans Square, Media, will present Dr. Adam Graham-Squirer of Highpoint University on the topic, “A Scam or Democracy’s Savior? A Mathematician’s Perspective on Ranked Choice Voting,” on Monday, Feb. 12 at 7:30 p.m. via the Zoom platform.

The lecture will last one hour. Visit <http://tinyurl.com/bdh4k3yj> to get the Zoom link.

Future meetings in March, April, and May will be held in-person at the institute, all on Mondays.

Upcoming lectures include:

- March 11: “Green Chemistry – the Promotion of Green and Sustainable Practices in Chemistry” by Dr. Loyd Bastin of Widener University.
- April 8: “Minerals, Knowledge Production, and Colonial Legacies” by Dr. Selby Hearth and Dr. Carrie Robbins of Bryn Mawr College.
- May 13: “From Dark Chocolate to Red Wine – the Fascinating World of Flavonoids!” by Dr. Anna Sigmon of Penn State Brandywine.

The full lecture schedule can be found at <https://www.delcoscience.org/lectures>.

Readers can send community news and photos to Peg DeGrassa at pdegrassa@21st-centurymedia.com. Typed press releases only.

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